

Is Your Moisturizer Killing You?

Gone are the days when women would find leaves, tree barks, and other natural ingredients to use as skin enhancers and beauty supplements. Today, various skincare treatments and products are widely available in stores, markets, spas, salons, and other beauty establishments. With these products and treatments, it is easier for women to achieve and maintain a smooth and beautiful skin.

However, not all skincare products are safe and effective. Some of these products may contain ingredients that are harmful to the skin. Instead of making the skin look healthier and younger, products that contain certain damaging ingredients may even make skin's condition worse.

Many of today's commercial moisturizing manufacturers – in their quest for increasingly inexpensive production and a long shelf life – use synthetic ingredients that can damage and dry out your skin, actually exacerbating your skin problems!

Did you know that over 60% of most substances that come into contact with your skin could assimilate into your body? Most of us use a moisturizer frequently, which means that your body is absorbing whatever chemicals it contains.

Beyond just damaging your skin, mass-produced moisturizers can expose you to low doses of synthetic, sometimes toxic elements – on a daily basis or more depending on how frequently you use them! Research has linked some ingredients to birth defects, reproductive failure, allergic reactions, and contaminated breast milk.

Here are some scary facts regarding commercial, chemically based moisturizers:

- Only 1% of 15,000 products have had all their ingredients screened by the FDA.
- 84% of these products contain immune system intoxicants.
- Over 63% contain reproductive/developmental toxic ingredients.
- Nearly 36% are KNOWN carcinogens.
- Over 50% contain chemical or synthetic fragrance.
- 99.8% of all these ingredients have NOT been analyzed for safety.

In the nearly 75-year existence of the FDA, only 9 personal care product ingredients have been banned or restricted. Over 90% of the more than 12,000 ingredients tested in commercial products were of synthetic origin. Many of these ingredients are directly linked to cancer, infertility, kidney and liver disease and also severe skin problems.

The following are common ingredients found in moisturizers. They are listed here with their negative side effects on the skin:

1. **Artificial colorings:** Generally referred to on labels as “FD and C”. Moisturizing products that contain artificial colorings pose harmful effects to the body. Many are suspected of causing cancer. Aside from being carcinogenic, some coal tar colored moisturizers also contains metal impurities such as lead and arsenic.
2. **Petroleum** (mineral oil jelly): A petroleum derivative that clogs skin from taking in oxygen and releasing toxins.
3. **Synthetic Fragrances:** Can contain hundreds of chemicals, usually only identify themselves as “fragrance”. Synthetic fragrances cause headaches, dizziness, rashes, coughing vomiting, and skin irritations. Many experts recommend the use of fragrance-free moisturizers to avoid allergies and irritation.

4. **Propylene Glycol:** Derived from petroleum. It is so dangerous that the EPA requires workers to wear protective wear when working with it. The National Toxicology Program classifies Propylene Glycol as a skin and eye irritant, possible carcinogen and known to cause liver and kidney damage. If it can de-ice an airplane, it shouldn't be used on the skin!
5. **Formaldehyde:** Widely used in cosmetics as a germicide, preservative and fungicide, formaldehyde is not listed as an ingredient. It's suspected as a powerful carcinogenic and mutagenic, damaging and inhibiting the repair of DNA.
6. **DEA (Diethanolamine), MEA (Monoethanolamine), TEA (Triethanolamine):** These three are hormone-disrupting chemicals and form cancer-causing agents. The skin easily absorbs them, and research indicates a strong link to liver and kidney cancer.

The secret is using an all-natural moisturizer.

Moisturizers make the skin look better by compensating for the fact that as you age, your skin dries out. The skin cells on the surface are dead, but new ones are generated on the surface all the time in a constant replacement cycle. In fact, every 30 days you get new skin on your face! Through a miraculous process known as recruitment and critical mass, in 6 months every skin cell is completely new.

Hydration is more important than you might think! Skin really comes from within. Young supple skin has collagen and elastin that are pliable and flexible. Collagen and elastin have very high water content. If there is not enough water in the person their collagen and elastin will dry out. Their skin will lose its resiliency and start to sag and wrinkle. People that use all-natural moisturizers daily generally have skin that is more supple than those who do not.

Moisturizers work in one of two ways. The most common is to provide a coating to the skin to seal in moisture so your skin dries out less. The other way is to supply external moisture to the skin. Using a moisturizer daily can make a big improvement in the appearance of skin.

There are special healing ingredients for the skin: **Aloe Vera**, aloe has been used through the ages for its medicinal and cosmetic properties. Aloe is almost unique in its ability to penetrate all seven layers of the skin with nutrients. It heals skin tissue by aiding in the repair of cellular damage, stimulating new cell growth and rebuilding skin at a rate up to six times faster than normal. Aloe soothes and moisturizes, cleans, heals, and prevents scarring. **MSM**, sulfur is an essential mineral for the human body and plays many roles. It helps to hydrate and detoxify cells. But sulfur is more than just a building block of healthy tissue. It is actively involved in the building of many body substances and systems, in creating energy, and can also play a role in cleansing the body of toxins and pollutants that build up in cells and create various skin conditions.

An important factor involved in the utilization of MSM is electrolytes. They help play both a major role in the absorption of MSM and further, in their own right, also play a major role in body healing and rebuilding.

Combining these 2 ingredients with trace minerals (electrolytes) is a perfect blend of the best nature has to offer. There is a product with these ingredients. When misted on the skin, it hydrates the skin beautifully and immediately shows a face lifting effect, which

may be due to the skin's Natural Skin Renewal Process (NSRP) being free to proceed at the level nature originally intended. It encourages rapid absorption of vital minerals nutrients to aid in skin rejuvenation, and is combined with a blend of ancient extracts to help in healing.

It is called The Ageless Secret™. There are many moisturizer products on the market, I truly believe that The Ageless Secret™ addresses the issues of rejuvenating and revitalizing the skin, helps to reduce wrinkles and has the power to transform your skin! .

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